

實踐 · 信仰 · 青年靈修

Practice, Belief, Youth Spirituality

朝拜聖體、修和聖事、靈修指導 Adoration, Confession, Spiritual Guidance



教區青年牧民委員會
Diocesan Youth Commission

信心在人間——每月避靜

Trust On Earth monthly retreat

每月第二個週末下午 4:00pm, every second weekend from Saturday
@天主教靜修院(春坎角) Diocesan Retreat House, Chung Hom Kok

三三朝拜聖體

Eucharistic Adoration on the Third Wednesdays

■ 聖本篤堂主辦 hosted by St. Benedict Church

每月第三個星期三晚上 7:30pm, every third Wednesdays
@ 聖本篤堂(沙田) St. Benedict Church, Sha Tin

In God's Silence朝拜聖體

In God's Silence – Eucharistic Adoration

■ 聖母無玷之心堂主辦 hosted by Immaculate Heart of Mary Church

每月最後一個星期日下午 2:00pm, every last Sundays @聖母無玷之心堂(大埔)
Immaculate Heart of Mary Church, Tai Po (暫定至2019年八月until August 2019)



其他主要以青年為對象的朝拜聖體及祈禱聚會資料請參閱：<http://bit.ly/youthprayerhk>

Please refer to the webpage for the Eucharistic Adoration and prayer gatherings mainly for youth

對象 Target：青年人 Youth
查詢 Enquiry：2614 2336